

**Unidos hablemos de...**  
**United, Let's talk about...**

**English and Spanish interpretation is available**  
**Interpretación disponible en inglés y español**



## Unidos hablemos de... United, Let's talk about...

### **Agenda:**

Welcome

Why Vaccinate My Child Against COVID-19 - Judith Flores, MD

COVID-19 patient story – Margarita Soltero, student

Q&A - panel

### **This session will include:**

- A discussion about the COVID 19 Booster vaccinations, the different variants and vaccinations for children.
- A patient shares her experience living through the pandemic and decision about COVID-19 vaccine
- Discuss some of the questions patients want answered

### **Objectives:**

1. Review the prevalence of COVID-19 in Latino communities
2. Explain methods to reduce the spread of COVID-19
3. Discuss current treatments for COVID



**Tonya Winders**  
Moderator  
Allergy & Asthma Network  
CEO & President

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## Guest Speakers



Judith Flores, MD, FAAP, CHCQM  
Past Chairwoman, National Hispanic Medical  
Association  
NYC TEST and TRACE vaccination outreach  
COVID-19 Vaccination Engagement and Outreach  
NYC Health and Hospitals  
Test and Trace Corps

Margarita Soltero  
COVID-19 Patient  
College Student



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**Why vaccinate my child against COVID 19?**

**Judith Flores MD, FAAP**

**National Hispanic Medical Association**

# Why do we need to vaccinate children 5-11 against COVID if they don't even get seriously sick?

- **Children are as likely as adults** to get infected
- **8 million children** have been **infected** with COVID
- **FULL Participation in School Community and family life**
- **Protection from infection and long term consequences** for them, family and Community

# Polling Question #1

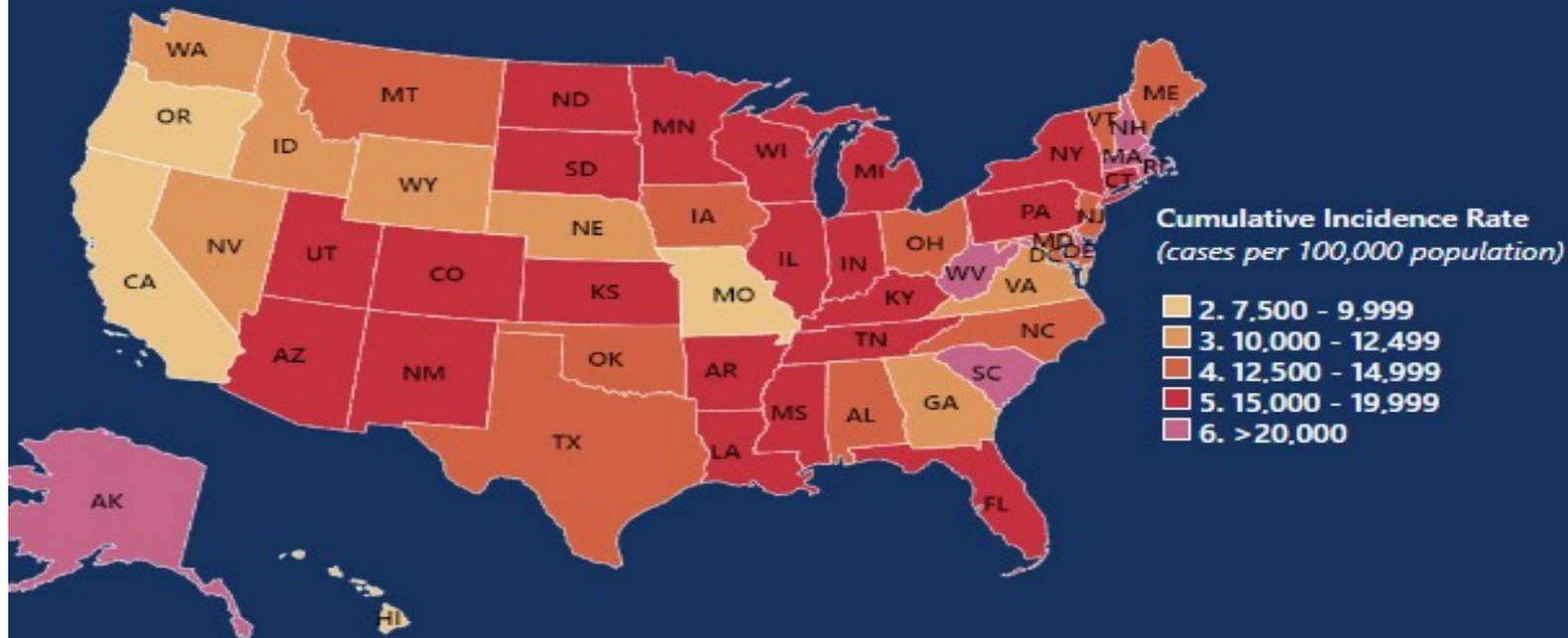
There is no difference in the rate of hospitalizations between vaccinated and unvaccinated children with COVID-19.

- A. True
- B. False
- C. I don't know

# Cumulative Incidence of COVID-19 in Children and Teens

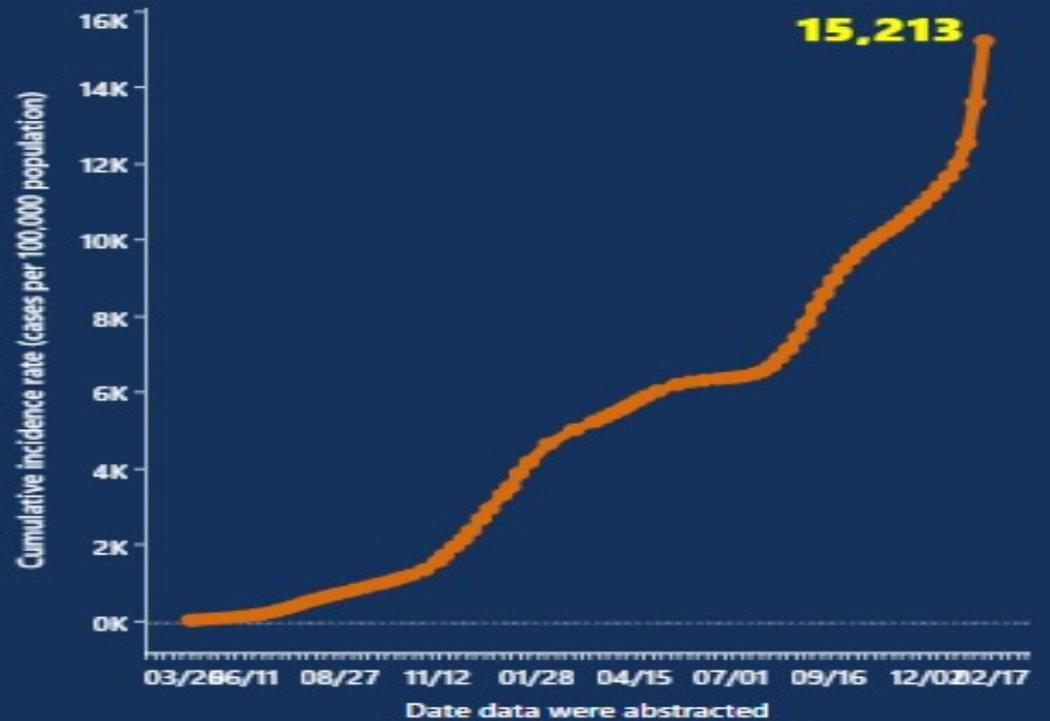
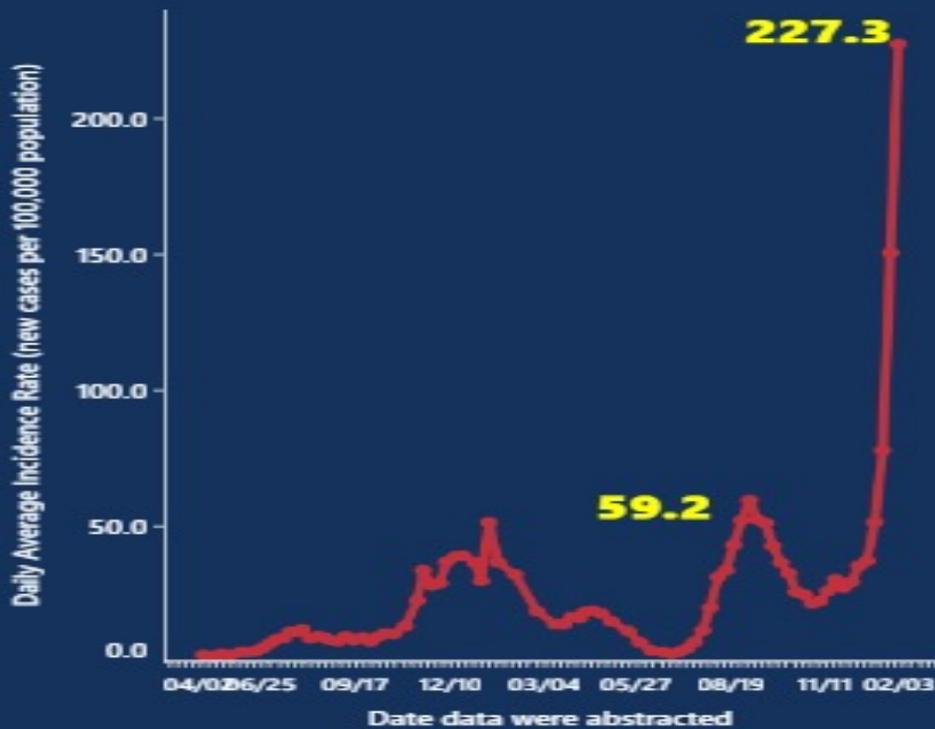
Reported cases per 100,000 Population

[www.covkidproject.org](http://www.covkidproject.org) Updated **01/14/2022** @covkidproject



**DAILY NEW** Cases of COVID-19  
in Children and Teens  
(daily average since last update)  
Updated **1/14/2022**  
**177,238**

**CUMULATIVE** Cases of COVID-19  
in Children and Teens  
(since January 2020)  
Updated **1/14/2022**  
**11,860,278**





Are these vaccines safe, they came out so fast, I heard they were rushed?

These vaccines are based on **decades of scientific work.**

Speed was accomplished due to **thousands of adults and children participating in Clinical Trials, and International Resources**

**No steps were skipped** and **millions have already been vaccinated** safely and effectively throughout the world

**But how do we know they are safe for children 5-11 years old?**

After an **intense review of the data** presented from clinical trials of children 5-11

**CDC verified the safety and effectiveness of this vaccine.**

**Its the Same preparation** as that used in adults at **1/3 the dose**, with **high level of protection and the least side effects**

## What kind of reaction should I expect in my child after vaccination?

Pfizer vaccine is the same formulation as that for 12 years and older and the **reactions are similar; in some cases, milder**

**Arm pain, fatigue, fever -maybe 1-2 days after shot**

**Myocarditis** was reviewed specifically, and **no cases were seen in this age group** due to vaccine, monitoring continues

**COVID -19 infection is associated with myocarditis and other cardiac problems**

**Will there be long term effects from this vaccine for my child? Will my child become infertile?**

**Reactions** to any vaccine **occur within months not years** of receiving the vaccine,

The vaccines against COVID **do not enter the DNA** of the cell and do not in any way interfere with reproduction or lactation

Having COVID , **poses a danger** to both the **mother and the unborn infant** .

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## Polling Question #2

The COVID-19 Vaccine can give me COVID.

1. True
2. False
3. I don't know

**Why do my children need to get vaccinated if they already had COVID?**

**How long will it take to be fully vaccinated ?**

**What if we have allergies?**

**Will these vaccines make us infertile?**

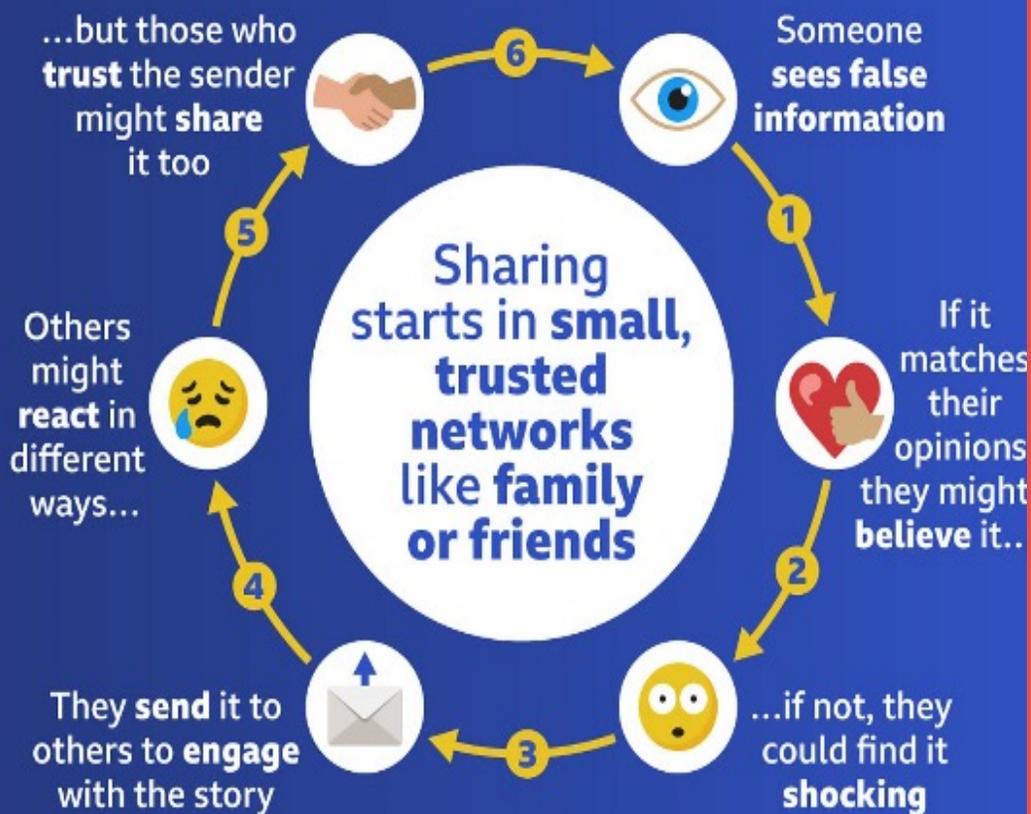
**Will they change my DNA ?**

**Will the vaccine give my child COVID?**

**What if I am pregnant, breastfeeding or plan to be pregnant?**



# How does the sharing start?



# What can we do?

Even if we're not looking at news, any content we see and share online could carry false information

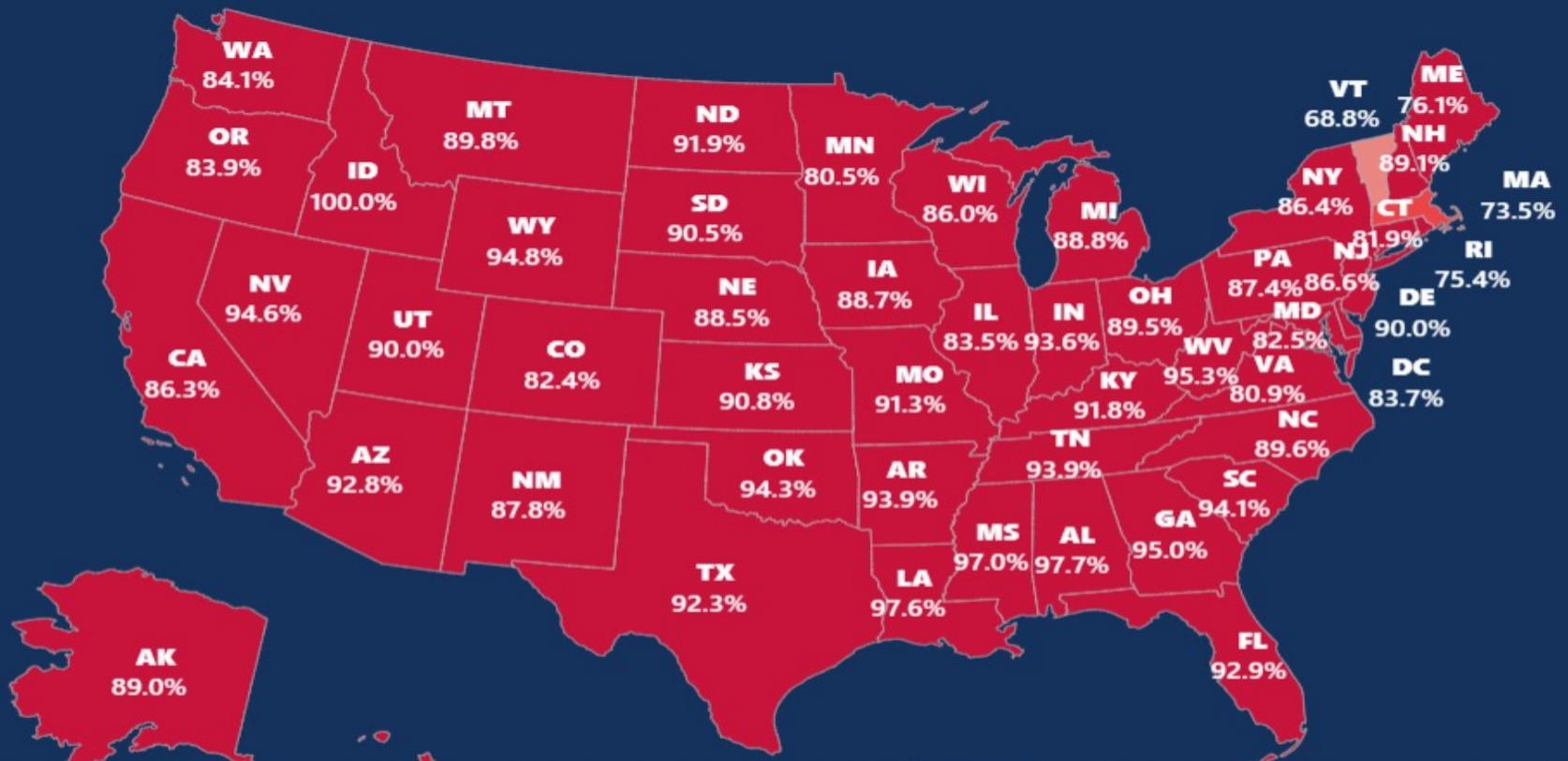
But we have the power to stop it – take a moment to pause before you share



# Percent of 5-11 Year Olds NOT Optimally Immunized Against COVID-19

(NOT optimally optimized includes children who are not immunized or only partially immunized (one shot of Pfizer or Moderna))

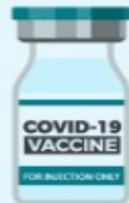
[www.covkidproject.org](http://www.covkidproject.org) Updated 12/16/2021 @covkidproject



**To get kids back in-person safely,  
schools should monitor**



**Community  
Transmission**



**Vaccination  
Coverage**



**Testing**



**Outbreaks**

**MASKING  
AND  
TEST TO  
STAY**

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## Things everyone can do to stop the spread of **COVID-19**

**TEST and Isolate**

**Seek care quickly.**

**Maintain your child's Asthma Care Plan**

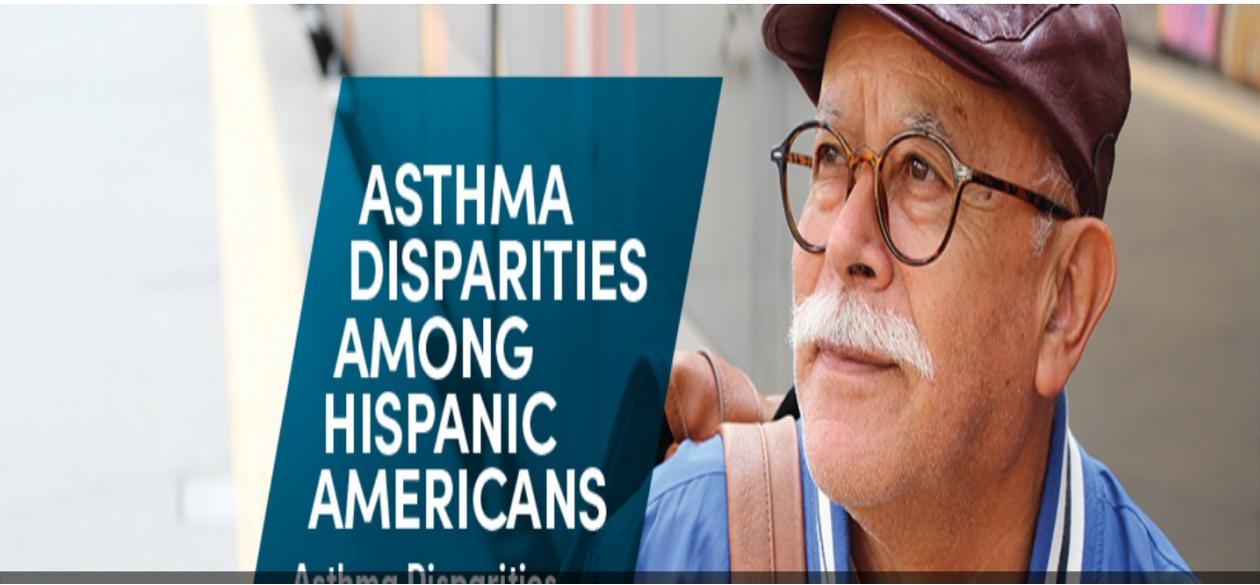
- Do what you can do to prevent societal spread of COVID-19.
- Get you and your family **Vaccinated for COVID-19,**
- **Wash your hands**
- **Wear mask especially indoors and around those unvaccinated.**

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### Polling Question #3

Hispanics are under-represented in asthma research?

1. Yes
2. No
3. I don't know



**ASTHMA  
DISPARITIES  
AMONG  
HISPANIC  
AMERICANS**

Asthma Disparities



**AWARENESS and  
OPPORTUNITY**

- **Access Issues**
- **Covered lives**
  
- **language and Cultural**
  
- **Issues of daily life**
  
- **Trusted Health care providers**

**PROMOTING HISPANIC  
PARTICIPATION  
IN ASTHMA CLINICAL TRIALS**



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## Polling Question #4

I would like to participate in a research project?

1. Yes
2. No
3. I don't know

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**“My experience about  
having COVID-19 while  
away at college”**

Margarita Soltero

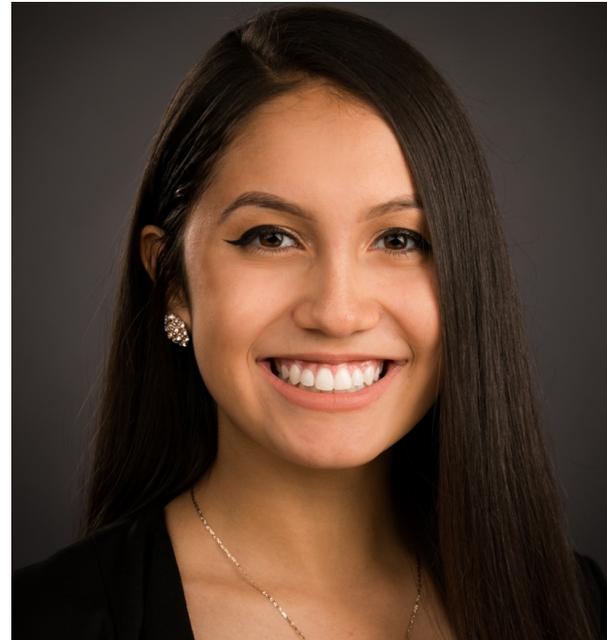


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Judith Flores, MD

Q&A



Margarita Soltero



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# THANK YOU!

- Join us for the final "Let's talk about" ... session on March 3, 2022
- Not One More Life - Asthma Coach - virtual visits - free
- AAN - Research Newsletter
- Learn more about becoming a PCOR partner [www.pcori.org](http://www.pcori.org)
- Visit our website: [www.alleryasthmanetwork.org](http://www.alleryasthmanetwork.org)

## Reduce Your COVID-19 Risk Remember the 3 Ws!

1

**Wash your hands frequently**

Use soap and water for 20 seconds



2

**Watch your distance**

Keep 6 feet apart and avoid large crowds



3

**Wear a mask**

Prevent spread of COVID-19 and protect others



[AllergyAsthmaNetwork.org](http://AllergyAsthmaNetwork.org)

Allergy  
& Asthma  
NETWORK  
35<sup>TH</sup> ANNIVERSARY

go raibh maith agat

malondo asante

koszonom

dhanyavad

rahmet

hvala

najis luke

mochchakkeram

merci

мерси

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ngiyabonga

kia ora

mamnun

gracias

sobodi

laemwit

bayarlalea

chokrane

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dank je

grazie

gratias ago

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